



# DEMENTIA PLAYBOOK FOR CAREGIVERS:

**Training to support and  
guide caregivers dealing with  
dementia related behaviors**

## About the Program

The FOX Dementia Playbook for Caregivers is an educational program reviewing the stages of dementia, techniques to help manage day-to-day interactions, and ways to best manage your client or loved one with dementia.

**You will learn to focus on what your client or loved one CAN do —  
not what they can't do.**



### Communication

Resources, scenarios and strategies to help guide effective communication between caregivers and clients with dementia.



### Behavior

Understanding clients with dementia and the underlying causes of behaviors while incorporating effective ways to cope and respond.



### Activities

Functional activities to improve quality of life that are specifically tied to the various stages of dementia.

**To refer a patient for Occupational  
or Speech Therapy, or if you are  
a caregiver in need of training,  
please call us at 1 877 407 3422.**



**PHYSICAL, OCCUPATIONAL,  
& SPEECH THERAPY.**

**FOX REHABILITATES LIVES.**

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foxrehab.org**